TEXAS DEPARTMENT OF HEALTH

FISH AND SHELLFISH CONSUMPTION ADVISORY

**ADV-27** 

Samples of fish collected from Martin Creek Reservoir located in Rusk and Panola Counties; Brandy

Branch Reservoir located in Harrison County and Welsh Reservoir located in Titus County, which

had been covered by a consumption advisory issued May 11, 1992, indicate that concentrations of

contaminants have decreased to acceptable levels. Consumption of fish from Martin Creek Reservoir

located in Rusk and Panola Counties; Brandy Branch Reservoir located in Harrison County and

Welsh Reservoir located in Titus County no longer poses a threat to human health.

ADV – 4 for Martin Creek Reservoir, Brandy Branch Reservoir, and Welsh Reservoir are hereby

rescinded.

Issued this 14th day of October, 2003.

Susan E. Tennyson, Chief

Bureau of Food and Drug Safety

TDH Lifts Selenium-Based Advisories for Three East Texas Reservoirs

The Texas Department of Health (TDH) has lifted advisories in effect since 1992

that had recommended limiting consumption of fish from Brandy Branch Reservoir in

Harrison County, Welsh Reservoir in Titus County and Martin Creek Reservoir in Rusk

and Panola counties.

The advisories were issued because of high selenium levels in the fish. But the latest

TDH testing of fish samples from the reservoirs found that selenium levels no longer

pose a health risk.

Selenium is an essential trace element in the human diet. But long-term

consumption of high levels of it may cause hair and fingernail loss and kidney, liver,

nerve and circulatory system damage.

The testing was funded by the Texas Commission on Environmental Quality.

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(News media: for more information contact Kirk Wiles, TDH Seafood Safety Division,

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